

28/07/2019

Time	Competition	Round		Venue
-	Vertical Run M/W	Final	108	Fenestrelle

29/07/2019

Track	Time	Field		Round	Venue
	14:00	Javelin throw W	36	Final	Stadium
	14:00	Pole vault M	19	Final	Stadium
	15:00	Long jump W	51	Final	Stadium
100m W	15:00		57	Heats	Stadium
100m M	15:15		127	Heats	Stadium
800m M30-55	16:00		64	Heats	Stadium
1500m W	16:25		51	Final	Stadium
	16:30	Javelin throw M	63	Final	Stadium
<b>3000m SC M55</b>	17:00		6	Final	Stadium
3000m SC M30-50	17:50		20	Final	Stadium

30/07/2019

Track	Time	Field		Round	Venue
	9:00	Hammer throw M	39	Final	Stadium
	9:00	Shot put W	59	Final	Stadium
100m W	10:00		-	Final	Stadium
100m M	10:30		-	Final	Stadium
2000m SC W	11:30		10	Final	Stadium
	14:00	Long jump M	80	Final	Stadium
	15:00	Discus throw M	57	Final	Stadium
	15:00	Pole vault W	7	Final	Stadium
400m W	15:00		41	Final	Stadium
800m M	15:35		108	Final	Stadium

31/07/2019

Track	Time	Field		Round	Venue
	9:00	High jump W55+	14	Final	Stadium
	9:00	Hammer throw W55+	20	Final	Stadium
80hs W40+	9:00		23	Heats	Stadium
100hs M50-65	9:15		26	Heats	Stadium
400m M30-50	10:00		56	Heats	Stadium
5000m M	10:45		155	Final	Stadium
	11:00	Hammer throw W30-50	14	Final	Stadium
200m W	15:00		53	Final	Stadium
5000m W	15:40		74	Final	Stadium
	16:00	High jump W30-50	15	Final	Stadium

01/08/2019

Track	Time	Field		Round	Venue
	9:00	Discus throw W60+	22	Final	Stadium
	9:00	High jump M60+	25	Final	Stadium
1500m M30-50	9:00		52	Heats	Stadium
80hs W40+	9:30		-	Final	Stadium
80hs M70+	10:00		8	Final	Stadium
	10:00	Shot put M	79	Final	Stadium
10 Km Road race M/W	10:00		406	Final	Venaria Reale
100hs M50-65	10:30		-	Final	Stadium
	11:00	Discus throw W30-55	23	Final	Stadium
110hs M30-45	11:10		14	Final	Stadium
300hs M60-65	11:50		18	Heats	Stadium
400m M	12:10		-	Final	Stadium
	15:00	Triple jump M	53	Final	Stadium
	16:00	High jump M30-55	23	Final	Stadium
5000m Race walk W	17:15		19	Final	Stadium
5000m Race walk M	18:15		41	Final	Stadium

02/08/2019

Track	Time	Field		Round	Venue
200m M	9:00		127	Final	Stadium
	10:00	Triple jump W	27	Final	Stadium
1500m M	10:25		-	Final	Stadium
300hs W50+	11:10		9	Final	Stadium
300hs M60-65	11:25		-	Final	Stadium
300hs M70+	11:40		7	Final	Stadium
400hs W30-45	12:00		9	Final	Stadium
400hs M30-35	12:15		8	Final	Stadium
400hs M40-55	12:25		29	Final	Stadium

04/08/2019

Time	Competition	Round		Venue
09:00	Half marathon M/W	Final	346	Venaria Reale

Timetable is provisional and will be subject to change